

Fall 2023



SUPPORTING ADULT LEARNING

**LOBSTICK LITERACY &  
LEARNING SOCIETY**



*Alberta*



## DIGITAL & COMPUTER LEARNING

### INTRODUCTION TO COMPUTERS

**Computer skills can enhance your life or create frustration. This hands-on class will have you understanding your computer and give you knowledge of how to make it work for you.**

LOCATION: Evansburg, LLLS Office

INSTRUCTOR: Jacqueline Smith

DATE: By Appointment



### INTRODUCTION TO INTERNET AND EMAIL

## DEVICE TUTORING

1 ON 1 APPOINTMENTS AVAILABLE

SMART PHONE

TABLET

IPAD

LAPTOP

CALL OR EMAIL TO  
BOOK YOUR SESSION.



**The internet has a wealth of information if you know how to use it. You will learn how to set up email, search online courses & how to find your way around the World Wide Web**

LOCATION: Evansburg,  
LLLS Office.

INSTRUCTOR: Jacqueline  
Smith

DATE: By Appointment

**Are you enrolled in online courses? Do you have some research to do?**

**We have computers connected to high-speed internet available to use or, bring in your device and connect to WiFi – free!**



## DIGITAL & COMPUTER LEARNING

**JOIN US**

**LEARN  
MICROSOFT  
PROGRAMS**



**WORD**  
-LEVEL 1  
-LEVEL 2

**EXCEL**  
-LEVEL 1  
-LEVEL 2

To register or if you have questions  
please contact Nancy  
Phone  
780-727-4077  
Email  
[lobsticklls@gmail.com](mailto:lobsticklls@gmail.com)





## DIGITAL & COMPUTER LEARNING

# Google Workspace



**LEARN ALL OR JUST ONE OR TWO!**

**we can teach you a basic understanding of:**

**GOOGLE EMAIL**

**GOOGLE MEET**

**-FOR BEGINNERS**

**-FOR PRESENTERS**

**GOOGLE DRIVE**

**GOOGLE DOCS**

**GOOGLE SHEETS**

**GOOGLE CALENDAR**



**LOCATION:** Evansburg, LLLS Office.

**INSTRUCTOR:** Jacqueline Smith

**TIME & DATE:** By Appointment

**FEE:** \$15/hour

**to inquire please call**

**Nancy: 780-727-4077**





## DIGITAL & COMPUTER LEARNING

# LEARN THE WORLD OF SOCIAL MEDIA!



**\*Facebook \*Pinterest \*Instagram**

**\*Online Shopping**

**\*Online Music, Videos & Books**

**\*INTERNET SAFETY\***



**LOCATION:**

**Evansburg,**

**LLLS Office.**

**INSTRUCTOR:**

**Jacqueline Smith**

**TIME: By Appointment**

**FEE: \$15 /Hour**

**to inquire please call**

**Nancy: 780-727-4077**

# ENGLISH AS AN ADDITIONAL LANGUAGE

Welcome!



Offering:

## LEARN TO SPEAK ENGLISH

-Tutoring classes, by appointment.

## ENGLISH LANGUAGE CAFÉ

Improve your English fluency by joining us! We will have fun sitting around the table visiting and practicing English. Snacks and refreshments will be provided. Each week, we will talk about something new!

WHEN: Tuesdays, 1 to 2:45 pm, Oct. 10 to Nov. 28 and  
Thursdays, 6:30 to 7:45 pm, Oct. 12 to Nov. 30.

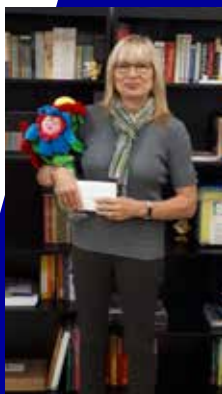
**Location: Lobstick Literacy & Learning Society Office at  
Grand Trunk High School in Evansburg.**



# CAREER ADVANCEMENT SKILLS

## EVERYDAY READING AND WRITING

Would you like to improve your reading and writing? Or, do you know someone who could benefit from a little help? If so, contact us! We tutor adults one-on-one to help them improve their reading, writing and spelling!



**Nancy receiving her 20 years of service award**

## GENERAL EQUIVALENCY DIPLOMA (GED)

GED preparation classes are available on-line, anytime, through Norquest College. These classes prepare you to write the GED exams. We can assess your readiness level, provide practice lessons and tutoring, and help you to prepare for the classes and exams. Please contact us for more information regarding scheduling and fees.

## MATH TUTORING

LLLS has an AMAZING Math Tutor! She can assist you with any math skills you'd like to learn or brush up on. From basic to advanced we have you covered! Call today to reserve your one on one session.



**Please contact us at 780-727-4077 or [lobsticklls@gmail.com](mailto:lobsticklls@gmail.com) for more information or to set up a session.**

Alberta



## CAREER ADVANCEMENT SKILLS

# SIMPLE BOOKKEEPING

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### Basic Bookkeeping (non-computerized)

Little or no formal bookkeeping training? Having trouble understanding your accountant? Learn the basics, including bookkeeping terminology and methodology. The manual bookkeeping process demonstrates what software programs do behind the scene. Build a strong foundation in the fundamentals to prepare for computerized accounting. At the end of this course, you will be able to manually record everyday transactions and create financial statements. Instructor: Lisa Molnar Fee: \$15/hour

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If you are a small business owner that has outgrown the Excel spreadsheet, or if you are wanting to build your employment skills, you might want to consider QuickBooks Desktop. QuickBooks is the most popular small business accounting software in the world. This course will teach you how to create the company, set up a chart of accounts, create invoices and receipts, reconcile your bank statements and basic reports. Learners must be comfortable in a computer environment.

Location: Online

Date: By appointment

Fee: \$40

Instructor: Donna Smith



#### Introduction to Sage Accounting

This course is also good for small business owners and those wishing to build employment skills. In this course, you will learn how to create the company, set up a chart of accounts, create invoices and receipts, reconcile your bank statements and generate reports. Being comfortable in a computer environment is a must.

Location: Evansburg, LLLS Office

Date: By appointment

Instructor: Lisa Molnar FEE: \$50

## CONTACT



**Please contact us (780-727-4077) to set up your session!**  
**Fees can be waived for those in need of financial assistance.**



# SELF IMPROVEMENT

## GOALS IN ACTION!

Did you know that the secret to reaching your goals may hide in the smallest of habits?

Have you ever thought about a goal or resolution that you would like to accomplish but you just don't know where to start?

**WE ARE HERE TO HELP! NOW OFFERING:  
GROUP OR INDIVIDUAL SESSIONS**

learn fun tricks, tips & HABIT HACKS to turn little changes into big results.

**YOU ARE  
AMAZING**



Lobstick Literacy  
& Learning Society

FOR MORE INFO CONTACT Nancy:  
780 727-4077 or email:  
lobsticklls@gmail.com

## GET THAT JOB!

Are you seeking employment, or wishing to change jobs? We can help you put together an impressive statement of your qualifications and strengths and help to prepare you for a job interview. You will learn good word usage, grammatical strength and detail that will impress a potential employer. The fee is \$15/hour. Contact us to set up an appointment.

# SELF IMPROVEMENT

## GENEALOGY

Lobstick Genealogy Resource Group is a club where you can explore your family roots. Work sessions are hands-on using websites such as Ancestry, Family Search, Canada Library and Archives and other genealogy sites. For more information call Wanda Gylander at 780-727-2669 or Billie Winfield at 780-325-2697

## COMMUNITY KITCHENS

Come and Join Us For a Fun Cooking Day!  
Community Kitchen programs take place in Entwistle, and Mackay!  
At these kitchens, you will learn new recipes, meet new people, plan meals, prepare the food and then take the meals home. At the end of each session, you will usually bring home three main course meals, one soup and one dessert! The cost is only \$12 per person in your family (\$24 for 2, \$48 for 4, etc.). Proper nutrition, shopping economically and food safety will also be discussed.

Location: Entwistle Community Hall

Dates: Tues, Sept. 12, Oct. 10, Nov. 7, Dec. 12

Location: MacKay Community Hall

Dates: Weds, Sept. 13, Oct. 11, Nov. 8, Dec. 13

Time: 9:00 am – 2 pm (end time approximate)

Registration Deadline: 1 week prior to session

Facilitated by Noreen Utri



Contact Noreen at 780-236-0501 or Nancy at: 780-727-4077 or  
lobsticklls@gmail.com

The Entwistle Community Kitchen is made possible with support from the Entwistle Community League, the WEE Food Bank and LLLS  
The Mackay Kitchen is sponsored by Lobstick Literacy & Learning Society.

## SENIORS FITNESS

**ENERGIZING CHAIR EXERCISES** Fee: \$2 drop in fee, Instructor: Sherrie Wilson

Wildwood Seniors Hall, Mondays and Thursdays, 9 to 10 am, beginning September 25.

Join us for an hour of fun and get energized! These exercises will work your upper body and limber your joints, muscles and legs. You can look forward to improved vitality, strength, balance and flexibility.

**SILVER AGE MOVE & GROOVE** Fee: \$2 drop in fee, Instructor: Tineke Lillo

Tues. at the LLLS office, 10:30 to 11:30 beginning Sept. 19

These exercise sessions will emphasize overall wellness, physical movement and fun! We will concentrate on balance, strength and endurance.



**Seniors fitness is made possible with  
Yellowhead County Parks & Recreation funding.**

# ADDITIONAL PROGRAMS

## SKILLS FOR LEARNING

Do you feel that it is too difficult to learn something new? We are here to help!

We can help you understand the difference between confidence and self-esteem and the importance they play in learning new skills.

We will help you learn strategies to boost your self-confidence and self-esteem, which will support your future learning.

And, you will have the opportunity to practice these strategies, which will help you meet new learning challenges.

Call or email for more info or to set up an appointment.

## SCAM EDUCATION

"Grandparent Scams!  
Romance Scams!  
Extortion Scams! Service  
Scams! Internet Scams!  
Charity Scams! Prize  
Scams! Investment  
Scams! Medical Scams!  
So many opportunities to  
take advantage of you  
and we want to help you  
arm yourself with  
knowledge! We will help  
you figure out what  
these scams are, what to  
look for and steps to  
protect yourself from  
becoming another  
victim. Knowledge is  
Power!"

## SUCCESSFUL KIDS & FAMILIES RESOURCE NETWORK

### Parent's Time Out & ECD Program



This is a free program for Parents and caregivers to meet other families, listen to speakers and enjoy a coffee break!

Children 0 – 5 share in an interactive fun setting to learn and enjoy fun activities with their peers and childcare workers.

**Mondays & Wednesdays at the Evansburg Arena, upstairs;  
Tuesdays at the Wildwood Complex; 9:30 to 11:45 am**

Monthly community events in Entwistle, Evansburg, Wildwood & Niton Junction! Please join our Facebook page, Successful Kids & Families Resource Network. [successfulkids@hotmail.com](mailto:successfulkids@hotmail.com) • 780-218-1608



**After  
school  
Thursdays  
until 5:30**

### DIFFERENT ACTIVITIES EACH WEEK!

Paint nights, Game nights, Craft nights, Movie nights, BINGO, Hangout with provided snacks and just have fun with friends. Fun prizes each week.

**Upstairs at the Evansburg arena. Far west door, ring the doorbell to be let in.**

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**Lobstick Literacy & Learning Society (LLLS) provides learning opportunities, resources and services to adults.**

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## **OFFICE INFORMATION**

**LOCATION:** We are located next to the Evansburg Public Library in Grand Trunk High School.

**OFFICE HOURS:** Monday – Thursday, 9 am to 4 pm.  
We are available to meet outside of these hours, by appointment.

**PRICES:** Most learning opportunities are offered at a rate of \$15 per hour.

Fees can be waived or reduced, so please let us know if  
you need some financial assistance.

**For more information or to register  
please contact Nancy**

 780.727.4077

 lobsticklls@gmail.com

 [www.lobstickliteracy.com](http://www.lobstickliteracy.com)



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our FaceBook Page: [lobstickliteracylearning](https://www.facebook.com/lobstickliteracylearning)