

**Winter & Spring
2024**



SUPPORTING ADULT LEARNING

LOBSTICK LITERACY & LEARNING SOCIETY



**WE CAN HELP
YOU GAIN
DIGITAL
CONFIDENCE!**



INTRODUCTION TO COMPUTERS

Computer skills can enhance your life or create frustration. This hands-on class will have you understand your computer and give you knowledge of how to make it work for you.

INTRO TO INTERNET AND EMAIL

The internet has a wealth of information if you know how to use it. You will learn how to set up email, search online courses & how to find your way around the World Wide Web

LOCATION: Evansburg,
LLLS Office.
INSTRUCTOR:
Jacqueline Smith
DATE: By Appointment

DEVICE TUTORING

1 ON 1 APPOINTMENTS AVAILABLE

SMART PHONE

TABLET

IPAD

LAPTOP

CALL OR EMAIL TO
BOOK YOUR SESSION.



CREATE A PHOTO BOOK

In this class, you will learn how to use your phone or computer to turn digital pictures into a professional-quality **PRINTED** photo book!

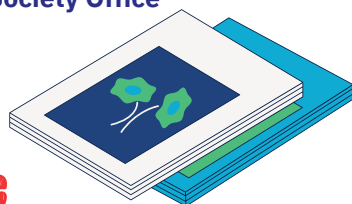
DATES: Thurs., Feb 15, 5:30-8 pm or Weds., March 6, 12:30-3 pm or Tues., April 16, 10-12:30 pm

LOCATION: Lobstick Literacy & Learning Society Office

COST: Starts \$40

plus the cost of the photo book

Instructor: Jacqueline Smith



DIGITAL DE-CLUTTERING

Has your computer become like that overflowing junk drawer in your kitchen? Having a hard time finding your files on your computer? Feeling **DIGITALLY DISORGANIZED**? We can help! Bring your computer, iPad or phone and we will work on cleaning it all up.

DATES: Thurs., Feb 15, 1-3 pm or Weds., March 6, 10-Noon or Tues., April 16, 10-Noon

LOCATION: LLLS Office **COST:** \$30

Instructor: Jacqueline Smith

Make IT HAPPEN

Are you enrolled in online courses? Do you have some research to do?

We have computers connected to high-speed internet available to use or, bring in your device and connect to WiFi – **FREE!**

Google Workspace



LEARN ALL OR JUST ONE OR TWO!

We can teach you a basic understanding of:

GOOGLE EMAIL

GOOGLE DRIVE

GOOGLE MEET

GOOGLE DOCS

-FOR BEGINNERS

GOOGLE SHEETS

-FOR PRESENTERS

GOOGLE CALENDAR

LOCATION: Evansburg,
LLS Office.

INSTRUCTOR:

Jacqueline Smith

TIME & DATE: By

Appointment

FEE: \$15/hour

to inquire please call

Nancy: 780-727-4077

JOIN US

**LEARN
MICROSOFT
PROGRAMS**



WORD

-LEVEL 1

-LEVEL 2

EXCEL

-LEVEL 1

-LEVEL 2

To register or if you have
questions

please contact Nancy

Phone

780-727-4077

Email

lobsticklls@gmail.com

"Sometimes, when things are falling apart, they may actually be falling into place." – Unknown

"Once you replace negative thoughts with positive ones, you'll start having positive results." – Willie Nelson

LEARN THE WORLD OF SOCIAL MEDIA!

***Facebook *Pinterest**

***Instagram**

***Online Shopping**

***Online Music, Videos
& Books**

INTERNET SAFETY

LOCATION:

**Evansburg,
LLS Office.**

INSTRUCTOR:

Jacqueline Smith

TIME: By Appointment

FEE: \$15 /Hour

**to inquire please call
Nancy: 780-727-4077**



ENGLISH AS AN ADDITIONAL LANGUAGE



Welcome!



Offering:

LEARN TO SPEAK ENGLISH

-Tutoring classes, by appointment.

ENGLISH LANGUAGE CAFÉ



Improve your English fluency by joining us! We will have fun sitting around the table visiting and practicing English. Snacks and refreshments will be provided. Each week, we will talk about something new!

WHEN: Tuesdays, February 6 to March 12, 1 to 2:45 pm
Thursdays, February 8 to March 14, 6:15 to 7:45 pm

Please call or email to register ahead of time.

EVERYDAY READING AND WRITING

Would you like to improve your reading and writing? Or, do you know someone who could benefit from a little help? If so, contact us! We tutor adults one-on-one to help them improve their reading, writing and spelling!

GENERAL EQUIVALENCY DIPLOMA



GED preparation classes are available on-line, anytime, through Norquest College. These classes prepare you to write the GED exams. We can assess your readiness level, provide practice lessons and tutoring, and help you to prepare for the classes and exams. Please contact us for more information regarding scheduling and fees.

MATH TUTORING

LLLS has an AMAZING Math Tutor! She can assist you with any math skills you'd like to learn or brush up on.

From basic to advanced we have you covered! Call today to reserve your one on one session.



Please contact us at 780-727-4077 or lobsticklls@gmail.com for more information or to set up a session.





Basic Bookkeeping (non-computerized)

Build a strong foundation in the fundamentals to prepare for computerized accounting. At the end of this course, you will be able to manually record everyday transactions and create financial statements.

**Tuesdays, February 6 & 13,
10:00 to 11:30 am
Fee: \$35**

Bookkeeping on Excel

Have you outgrown manual bookkeeping, but are not ready or willing to learn a new accounting program? Bookkeeping on Excel, might be your answer! In this class you will learn how to set up Excel spreadsheets, learn Excel tips and how to create a small bookkeeping system as well as enter transactions on an Excel Spreadsheet.

**Tuesdays, February 27 & March
5, 10:00 to 11:30
Fee: \$35**

GOALS IN ACTION!

Did you know that the secret to reaching your goals may hide in the smallest of habits?

Have you ever thought about a goal or resolution that you would like to accomplish but you just don't know where to start?

**WE ARE HERE TO HELP! NOW OFFERING:
GROUP OR INDIVIDUAL SESSIONS**

learn fun tricks, tips & HABIT HACKS to turn little changes into big results.



Lobstick Literacy
& Learning Society

FOR MORE INFO CONTACT Nancy:
780 727-4077 or email:
lobsticklls@gmail.com

"Happiness is not by chance but by choice."

— Jim Rohn

SKILLS FOR LEARNING

BELIEVE

YOU CAN

Do you feel that it is too difficult to learn something new? We are here to help! We can help you understand the difference between confidence and self-esteem and the importance they play in learning new skills. We will help you learn strategies to boost your self-confidence and self-esteem, which will support your future learning. And, you will have the opportunity to practice these strategies, which will help you meet new learning challenges. Call or email for more info or to set up an appointment.

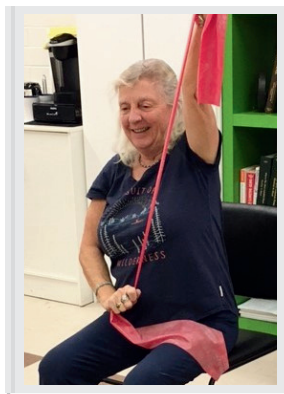
GET THAT JOB!

Are you seeking employment, or wishing to change jobs? We can help you put together an impressive statement of your qualifications and strengths and help to prepare you for a job interview. You will learn good word usage, grammatical strength and detail that will impress a potential employer. The fee is \$15/hour. Contact us to set up an appointment.

SENIORS FITNESS

ENERGIZING CHAIR EXERCISES Fee: \$2 drop in fee, Instructor: Sherrie Wilson

Wildwood Seniors Hall, Mondays and Thursdays, 9 to 10 am, beginning Jan 22. Join us for an hour of fun and get energized! These exercises will work your upper body and limber your joints, muscles and legs. You can look forward to improved vitality, strength, balance and flexibility.



SILVER AGE MOVE & GROOVE

Evansburg Legion Lodge

Tuesdays, 10:30 to 11:30 beginning Jan 16.

Fee: \$2 drop in fee, Instructor: Tineke Lillo

These exercise sessions will emphasize overall wellness, physical movement and fun! We will concentrate on balance, strength and endurance.

Seniors fitness is made possible with Yellowhead County Parks & Recreation funding.

COMMUNITY KITCHENS

Come and Join Us For a Fun Cooking Day!

Community Kitchen programs take place in Entwistle, and Mackay! At these kitchens, you will learn new recipes, meet new people, plan meals, prepare the food and then take the meals home. At the end of each session, you will usually bring home three main course meals, one soup and one dessert! The cost is only \$12 per person in your family (\$24 for 2, \$48 for 4, etc.). Proper nutrition, shopping economically and food safety will also be discussed.

Location: Entwistle Community Hall

Dates: Jan. 9, Feb. 13, March 12, April 9, May 7, June 11

Location: MacKay Community Hall

Dates: Jan. 10, Feb. 14, March 13, April 10, May 8, June 12

Time: 9:00 am – 2 pm (end time approximate)

Registration Deadline: 1 week prior to session

Facilitated by Noreen Utri

Contact Noreen at 780-236-0501 or Nancy at: 780-727-4077 or lobsticklls@gmail.com

The Entwistle Community Kitchen is made possible with support from the Entwistle Community League, the WEE Food Bank and LLLS.

The Mackay Kitchen is sponsored by Lobstick Literacy & Learning Society.



GENEALOGY

Lobstick Genealogy Resource Group is a club where you can explore your family roots. Work sessions are hands-on using websites such as Ancestry, Family Search, Canada Library and Archives and other genealogy sites. For more information call Wanda Gylander at 780-727-2669 or Billie Winfield at 780-325-2697.



Community Survey & Focus Groups

We are doing research and want to hear from individuals, employers and organizations about adult learning needs in your community.



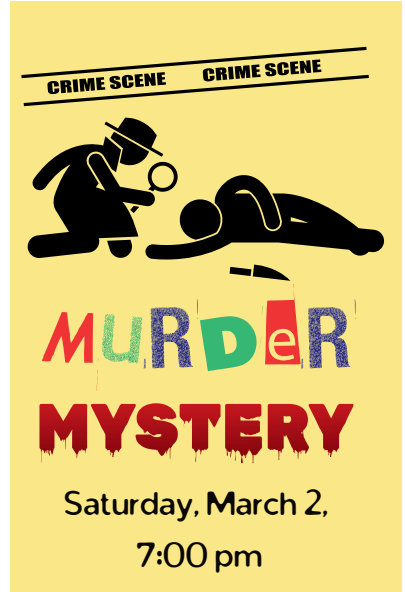
Receive a \$10 gift card
by participating in our focus groups

Enter to win an iPad
by taking our 10-minute survey

DEADLINE: JAN 25, 2024



University of Alberta Ethics ID: Pro00134316
Version: 12/12/2023



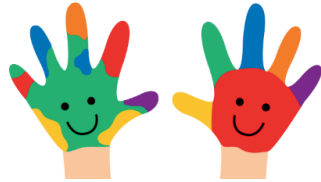
CRIME SCENE CRIME SCENE

MURDER MYSTERY

Saturday, March 2,
7:00 pm

Parent's Time Out & ECD Program

SUCCESSFUL KIDS & FAMILIES RESOURCE NETWORK



This is a free program for Parents and caregivers to meet other families, listen to speakers and enjoy a coffee break!
Children 0 – 5 share in an interactive fun setting to learn and enjoy fun activities with their peers and childcare workers.

**Mondays & Wednesdays at the Evansburg Arena, upstairs;
Tuesdays at the Wildwood Complex; 9:30 to 11:45 am**

Monthly community events in Entwistle, Evansburg, Wildwood & Niton Junction!
Please join our Facebook page, Successful Kids & Families Resource Network.
successfulekids@hotmail.com • 780-218-1608



**After school
Thursdays
until 5:30**

DIFFERENT ACTIVITIES EACH WEEK!

Paint nights, Game nights, Craft nights, Movie nights, BINGO, Hangout with provided snacks and just have fun with friends. Fun prizes each week.

Upstairs at the Evansburg arena. Far west door, ring the doorbell to be let in.

Lobstick Literacy & Learning Society (LLLS)
provides learning opportunities, resources
and services to adults.

OFFICE INFORMATION

LOCATION: We are located next to the Evansburg
Public Library in Grand Trunk High School.

OFFICE HOURS: Monday – Thursday, 9 am to 4 pm.
We are available to meet outside of these hours, by
appointment.

PRICES: Most learning opportunities are offered
at a rate of \$15 per hour.

Fees can be waived or reduced, so please let us
know if
you need some financial assistance.

For more information or to register please contact Nancy



780.727.4077



lobsticklls@gmail.com



www.lobstickliteracy.com



For all the latest news and programs **LIKE & FOLLOW**
our FaceBook Page: lobstickliteracylearning