

FALL 2025



LOBSTICK LITERACY & LEARNING SOCIETY

SUPPORTING ADULT LEARNING



Lobstick Literacy
& Learning Society

Alberta

DIGITAL SKILLS

ONE-ON-ONE TUTORING



INTRODUCTION TO COMPUTERS

Computer skills can enhance your life or create frustration. This hands-on class will have you understand your computer and give you knowledge of how to make it work for you.

DIGITAL DECLUTTERING

Has your computer become like that overflowing junk drawer in your kitchen?

Having a hard time finding your files on your computer?

Feeling DIGITALLY DISORGANIZED?

We can help! Bring your computer, iPad or phone and we will work on cleaning it all up.

LEARN THE WORLD OF SOCIAL MEDIA!

- *Facebook
- *Pinterest
- *Instagram
- *Online Shopping
- *Online Music, Videos & Books
- *INTERNET SAFETY*

DEVICE TUTORING

1 ON 1 APPOINTMENTS AVAILABLE

SMART PHONE
TABLET

IPAD
LAPTOP

CALL OR EMAIL TO
BOOK YOUR SESSION.



Please contact Nancy or Jacqueline at 780-727-4077 or lobsticklearning.info@gmail.com for more information or to set up a session.

WE CAN HELP YOU GAIN DIGITAL CONFIDENCE!

NEW

CLICK & LEARN

A Friendly & Fun Digital Skills Program for Seniors

Take the mystery out of your smart devices in this fun, no-pressure class designed especially for older adults. Click & Learn offers hands-on, weekly drop-in sessions, each with a new topic like downloading, uploading, creating files and folders, browsing websites, using Google or Microsoft, spotting scams, Social Media, Email, and navigating your smart devices: cell phone, laptop, iPad, etc. Learn at your own pace with friendly, patient guidance, easy steps, and lots of laughs along the way. Whether you're brand new or just want to feel more confident online, this program helps you stay connected. Come to them all or just one or two! **Refreshments provided!**

LOCATION: Heritage House, Evansburg. **COST:** \$5 Drop-in fee

DATES: Mornings: 10:00 am-Noon. Every Wednesday in October (Oct. 8-29) Afternoons: 1:00-3:00 pm. Every Wednesday in November (Nov 5 -26, closed Nov 11 for Remembrance Day)





BASIC GOOGLE & MICROSOFT

**In Person Digital Support for Everyday
Life & Learning**

INTRO TO **MICROSOFT WORD**

Learn the essentials of Microsoft Word in a supportive, one-on-one setting. Whether you're brand new to Word or looking to refresh your skills, this tutoring covers the basics—creating and saving documents, formatting text, inserting images, and using tools like spell check and bullet points. Perfect for beginners, job seekers, or anyone wanting to build digital confidence.

INTRO TO **MICROSOFT EXCEL**

Have you tried using MS Excel and been lost or overwhelmed by it? Do you have a spreadsheet you are expected to use and maintain? Do you want to be more efficient and confident using Excel? In this class you will learn to create, save and edit spreadsheet files; to enter and edit information; create basic formulas; use basic functions and format and print your spreadsheet.

GETTING STARTED **GOOGLE WORKSPACE**



Learn how to use Google Workspace with confidence—one step at a time! In these one-on-one tutoring sessions, you'll explore the basics of Google Docs, Sheets, Gmail, Drive, Calendar, and more. We'll show you how these tools work together to help you stay organized, communicate clearly, and manage everyday tasks—whether you're writing, scheduling, storing files, or sharing documents. Perfect for beginners, these sessions offer patient, friendly support tailored to your pace and goals.

**SESSIONS ARE TAILORED TO YOUR PACE AND GOALS.
NO PRIOR EXPERIENCE NEEDED!**

Please contact Nancy or Jacqueline at 780-727-4077 or
lobsticklearning.info@gmail.com
for more information or to set up a session.

GENEALOGY

Lobstick Genealogy Resource Group is a club where you can explore your family roots. Work sessions are hands-on using websites such as Ancestry, Family Search, Canada Library and Archives and other genealogy sites.

**Dates: Mondays, 10 am to 2 pm. September 15 & 29;
October 20; November 3, 17 & 30; December 8.**

For more information call Wanda Gylander at 780-727-2669
or Billie Winfield at 780-325-2697.



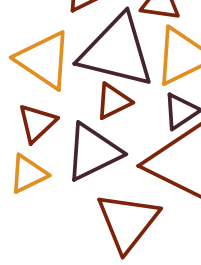
ALGM

LOBSTICK LITERACY & LEARNING SOCIETY

**Monday, Sept. 22, 9:00 am,
Heritage House, Evansburg.**

UPGRADING

ONE-ON-ONE TUTORING



BELIEVE

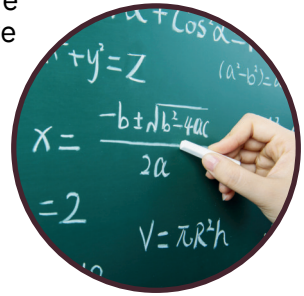
YOU CAN

EVERYDAY READING AND WRITING

Would you like to improve your reading and writing? Or, do you know someone who could benefit from a little help? If so, contact us! We tutor adults one-on-one to help them improve their reading, writing and spelling!

MATH

LLLS can assist you with any math skills you'd like to learn or brush up on. From basic to advanced, we have you covered!



Canadian Adult Education Credential (CAEC)

has replaced



GENERAL EQUIVALENCY DIPLOMA

The CAEC is for Canadian adults who do not have a highschool diploma but need an education credential to open new doors to educational or employment opportunities. Subjects covered are: English, Math, Social Studies and Science. We are offering tutoring for people who are planning to write the exams.

Alberta



ENGLISH AS AN ADDITIONAL LANGUAGE

WELCOME!

**LEARN TO SPEAK, READ
AND WRITE ENGLISH**

**-Tutoring one on one
by appointment.**



ENGLISH LANGUAGE CAFÉ

Improve your English fluency by joining us! Adults of any age are welcome to attend for FREE! We will have fun sitting around the table, visiting and practicing English. Snacks and refreshments will be provided. Each week, we will talk about something new!



English Language Cafe Dates:

Evenings: October & November; Every Tuesday; 7:00pm-8:30pm

Afternoons: Every Wednesday in October; 1:00 pm-2:30 pm

Mornings: Every Wednesday in November; 10:00 am-11:30 am

Please note we will be closed on November 11th for Remembrance Day.

Location: The Heritage House

Please call or email to register a minimum of one day ahead of the cafe you'd like to attend.



EMPOWER YOUR POTENTIAL WORKSHOPS TO INSPIRE LIFE-LONG LEARNING AND GROWTH



**WORKSHOPS LISTED ARE CREATED &
FACILITATED BY BRENDA SCATTERTY.**

HIRE ME!

Effective Cover Letters and Resumes

Hire Me! Effective Cover Letters and Resumes is your go-to workshop for landing the job you want with confidence. Learn how to craft a professional resume and cover letter that stand out—highlighting your skills, experience, and personality in all the right ways. We'll cover the essential elements of what employers are looking for, what to avoid (like overused buzzwords and formatting mistakes), and proven strategies to make your application shine. Plus, gain valuable interview tactics and practical job search tips to help you navigate today's competitive job market. Whether you're entering the workforce, changing careers, or re-entering after a break, this session will help you put your best foot forward. (5 hours) Cost: \$50, Friday, Oct. 3, 10 - 3:00 Pm, Heritage House, Evansburg.

UNLOCKING LANGUAGE THE POWER OF ENGLISH LITERACY

This supportive workshop is designed to raise awareness of the critical need for English language development and its impact across all areas of life; from employment and education, to daily communication and confidence. Participants will explore the complexities of the English language, identify common barriers to literacy, and gain a clear understanding of the stages of literacy development. With dedicated time to build practical skills, this session supports learners in strengthening their language abilities and unlocking new opportunities. (5 hours) Cost: \$50, Thursday, Oct. 16, 10 - 3 Pm, Heritage House, Evansburg.



Please contact Nancy or Jacqueline:
780-727-4077 or
lobsticklearning.info@gmail.com
for more information or to set up a session.



SOCIAL SMARTS

Mastering People Skills For Life And Career

Strong social skills are more than just nice to have; they impact everything from personal relationships to career success. This practical workshop builds awareness of the vital role interpersonal communication plays in shaping how we're understood, supported, and remembered. Learn tools to improve the way you interact with others, carry yourself with confidence, and navigate social dynamics with clarity and intention. Whether you're building new relationships or refining existing ones, these skills will help you create more meaningful connections and better outcomes in every area of life.

SOCIAL LITERACY

The Core Elements of Social Literacy

This mini session explores the essential skills that shape how we connect and communicate with others. You'll learn how to improve self-awareness, active listening, empathy, and clear expression. We'll also cover how to recognize social cues, manage conflict respectfully, and build stronger personal and professional relationships. Strengthen your social confidence and learn how to carry yourself in a way that creates meaningful connections and better outcomes.

(2 hours) Cost: \$20, Thursday, Nov. 20, 10 - Noon, Heritage House, Evansburg.

CLEAR CONNECTIONS

Strengthening All Forms of Communication

Communication is more than just words; it's how we express, listen, respond, and carry ourselves in every interaction. Clear Connections takes a deeper look at the critical impact communication (both strong and poor) has on our relationships, opportunities, and self-image. Participants will explore and define their current communication style, assess how it influences daily life, and uncover blind spots that may be limiting connection or success. Through guided strategies, real-world tools, and reflection, you'll learn how to improve all forms of communication, verbal, non-verbal, written, and digital to gain the confidence to navigate life with clarity, intention, and purpose.

(5.5 hours) Cost: \$55, Thursday, Nov. 27, 9:30 - 3pm, Heritage House, Evansburg.

COMMUNITY KITCHENS

Come and Join Us For a Fun Cooking Day!

Community Kitchen programs take place in Entwistle, and Mackay.

At these kitchens, you will learn new recipes, meet new people, plan meals, prepare the food and then take the meals home. At the end of each session, you will usually bring home three main course meals, one soup and one dessert! The cost is only \$12 per person in your family (\$24 for 2, \$48 for 4, etc.). Proper nutrition, shopping economically and food safety will also be discussed.

Location: Entwistle Community Hall

Dates: Tuesdays, Sep. 9, Oct. 7, Nov. 4, Dec. 9,

Thursdays, Sep. 11, Oct. 9, Nov. 6, Dec. 11,

Location: MacKay Community Hall

Dates: Wednesdays, Sep. 10, Oct. 8, Nov. 5, Dec. 10,

Time: 9:00 am – 2 pm (end time approximate)

Registration Deadline: 1 week prior to session

Facilitated by Noreen Utri



Contact Noreen at 780-236-0501 or Our office at: 780-727-4077 or
lobsticklearning.info@gmail.com



The Entwistle Community Kitchen is made possible with support from the Entwistle Community League and Lobstick Literacy & Learning Society. The Mackay Kitchen is sponsored by Lobstick Literacy & Learning Society.



LLAMA LAUGHTER PLAYSHOPS

Laughter Yoga is a combination of laughter as exercise and deep breathing. Laughter Yoga reduces stress, stimulates the immune system, reduces pain and anxiety. It builds a laughing community and much more.

Location: Evansburg Heritage House Dates: Thursdays, Sept. 18 to Nov. 20; Time: 10 to 11 am; Cost: \$2 drop-in fee; Instructor: Donna Strongman

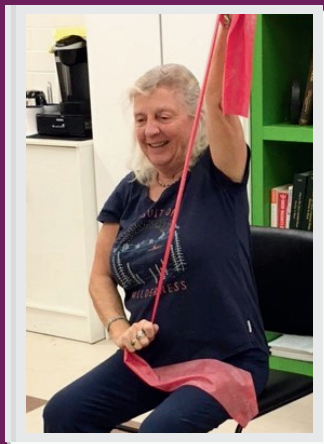
For more information, contact Donna at 780-325-2333 or donnastrongman@gmail.com.

Live
LOVE
Laugh



Laughter Yoga is made possible with Yellowhead County Parks & Recreation funding.

SENIORS FITNESS



SILVER AGE MOVE & GROOVE

Instructor: Tineke Lillo

Fee: \$2 drop-in

Heritage House

Tuesdays, 10:30 to 11:30 Am

September 30 - December 2

These exercise sessions will emphasize overall wellness, physical movement and fun! We will concentrate on balance, strength and endurance.

Seniors fitness is made possible with Yellowhead County Parks & Recreation funding.



Parent's Time Out & ECD Program

SUCCESSFUL KIDS & FAMILIES RESOURCE NETWORK

This is a free program for Parents and caregivers to meet other families, listen to speakers and enjoy a coffee break!

Children 0 – 5 share in an interactive fun setting to learn and enjoy fun activities with their peers and childcare workers.

Mondays & Wednesdays at the Evansburg Arena; Tuesdays, at the Wildwood Complex. Time: 9:30 to 11:45 am

Please join our Facebook page, Successful Kids & Families Resource Network. | successfulkids@hotmail.com | 780-218-1608

For Youth Group Events Please follow us on
FaceBook @
Successful Kids & Families Resource Network

Lobstick Literacy & Learning Society (LLLS)
provides learning opportunities, resources and
services to adults.

OFFICE INFORMATION


LOCATION: WE HAVE MOVED! LLLS is now
conveniently located at the Heritage House.
5009 49 St, Evansburg, AB.

OFFICE HOURS: Our typical hours (subject to change) are
Monday through Thursday, 9:00 am to 4:00 pm. We are
available to meet outside of these hours by appointment
if needed. It's recommended that you call ahead to
ensure we can assist you upon arrival.

PRICES: Most learning opportunities are offered
at a rate of \$25 per hour.

Fees can be waived or reduced; please let us know if you
need financial assistance.

For more information or to register please contact Nancy.

 1-780-727-4077

 lobsticklearning.info@gmail.com

 lobstickliteracy.com



JOIN our FaceBook Page:
lobstickliteracylearning

TO KEEP UP TO DATE WITH ALL OF OUR EVENTS!

Executive Director



Nancy Dinsdale



1 FREE SESSION

**This coupon is valid for 1 free
digital session OR one-on-
one tutoring / help @ LLLS**

***No Cash Value *Must present at time of
session, *supplies not included**

